



NOVEMBER

2024 BH UPK MENU AM SNACK, LUNCH & PM SNACK



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Our menu incorporates organic and local ingredients. Our farm partners include Veritas Farms, Cabot Creamery Cooperative, Ronnybrook Farms, Iliamna Salmon as well as other local producers.

Menu Items are subject to change based on availability

1 Croissant

Carrot Mac and Cheese
Yellow Squash Cubes with Garlic Oil
Broccoli

Blood Orange Yogurt Bread

4 Homemade Granola with Flax Seed & Crispies

Turkey Tacos
Yellow Rice
Green beans
Fiesta Corn & Bean Salad

Cheddar Cheese Cubes & Crackers

5 Greek Yogurt & Blueberry Compote

Garlic Chicken
Egg Noodles
Carrot Cubes
Peas

Banana Bread

6 Apple Cinnamon Bread

Toasted Cheddar Sandwiches
Green Beans
Broccoli

Chickpea Hummus & Pita

7 Greek Yogurt and Maples Syrup

Beef Tagliarini
Corn
Cheesy Cauliflower

Homemade Pimento Cheese and Crackers

8 Croissants

Chicken Cutlet Sandwich
Broccoli
Carrots Disks

Apple Cinnamon Bread

11 Bagel & Cream Cheese

Tandoori Chicken
Steamed Rice
Peas
Veggie Chickpea
Tikka Masala

Blueberry Lemon Bread

12 Strawberry Chia Pudding

Turkey Bolognese
Penne
Carrot Disks
Broccoli

Fresh Herb Ranch Cottage Cheese & Crackers

13 Cheese Cubes & Pita

BBQ Chicken Strips
Corn Bread
Corn
Peas

Corn Bread

14 Croissant

Beef Sliders
Brioche Roll
Broccoli
Green Beans

Cheese Stick & Crackers

15 Greek Yogurt with Maple Syrup

Cheesy Pizza Bites
Kale Pesto White Beans
Carrot Disks

Biscuit + Jam

18 Homemade Granola with Flax Seed & Crispies

Arroz con Pollo
Mexican Street Corn
Cumin Spiced Carrot Disks

Banana Bread

19 Croissant & Butter

Penne with Marinara and Mozzarella
Carrots
Peas

Pumpkin Bread

20 Bagel & Cream Cheese

Turkey Sliders
Brioche Roll
Cauliflower
Broccoli

Graham Crackers & Strawberry Cream Cheese Dip

21 Apple Cinnamon Bread

Chicken Cutlet
Ditalini
Green Beans
Carrot Disks

Cheddar Cheese Cubes & Pita

22 Greek Yogurt with Maple Syrup

BBQ Beef Chili over Rice
Broccoli
Corn

Carrot Bread

25 Bagel & Cream Cheese

Beef Bolognese
Ditalini
Peas
Cheesy Cauliflower

Cheese Stick & Crackers

26 Strawberry Chia Pudding

Turkey Tacos
Yellow Rice
Corn
Green Beans

Cheddar Corn Bread

27 Mozzarella Pearls & Pita

Fontina Mac & Cheese
Carrots
Broccoli

Raspberry or Cherry Yogurt

28

NO SCHOOL

29

NO SCHOOL