



NOVEMBER

2024 DAIRY/EGG FREE MENU BREAKFAST, LUNCH & SNACK



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Our menu incorporates organic and local ingredients. Our farm partners include Veritas Farms, Cabot Creamery Cooperative, Ronnybrook Farms, Iliamna Salmon as well as other local producers.

Menu Items are subject to change based on availability

1 Dairy Free Overnight Oats

Lemon Miso Pesto Pasta
Carrot Disks
Broccoli

Vegan Oat Biscuit

4 Granola

Yellow Rice
Turkey Tacos
Fiesta Corn & Bean Salad

Chocolate Pudding + Raspberry

5 Chia Pudding + Fruit Compote

Gemelli Pasta
Swedish Chicken
Meatballs
Peas

Gluten Free Sunbutter Biscuit

6 Granola

Toasted Tofu Sandwiches with Sundried Tomato Pesto
Vegan Tomato Soup
Broccoli

Strawberry Vanilla Pudding

7 Vegan Rice Pudding

Beef Tagliarini
Corn
Cauliflower

Gluten Free Bread + Jelly

8 Dairy Free Overnight Oats

Chicken Breast Strips
Roasted Whipped Sweet Potatoes
Carrots Disks

Vegan Oat Biscuit

11 Granola

Curried Chicken
Steamed Rice
Vegan Chickpea
Tikka Masala

Chocolate Pudding + Raspberry

12 Chia Pudding + Fruit Compote

Penne
Turkey Bolognese
Broccoli

Gluten Free Sunbutter Biscuit

13 Granola

BBQ Chicken Strips
Vegan Corn Bread
Peas

Strawberry Vanilla Pudding

14 Vegan Rice Pudding

Beef Sliders with Tomato Glaze
Roll
Green Beans

Gluten Free Bread + Jelly

15 Dairy Free Overnight Oats

Tomato-y Pizza Bites
Kale Pesto White Beans
Carrot Disks

Vegan Oat Biscuit

18 Granola

Arroz con Pollo
Sweet Corn
Cumin Spiced Carrot Disks

Chocolate Pudding + Raspberry

19 Chia Pudding + Fruit Compote

Penne
Marinara
Peas & Carrots

Gluten Free Sunbutter Biscuit

20 Granola

Mediterranean Turkey Meatballs
Turmeric Cauliflower
Orzo with Broccoli & Garlic

Strawberry Vanilla Pudding

21 Vegan Rice Pudding

Scallion Chicken Breast Strips
Olive Oil Smashed Potatoes
Carrot Disks

Gluten Free Bread + Jelly

22 Dairy Free Overnight Oats

Rolls
Pulled BBQ Beef
Broccoli

Vegan Oat Biscuit

25 Granola

Beef Meatballs with Marinara
Ditalini
Cauliflower

Chocolate Pudding + Raspberry

26 Chia Pudding + Fruit Compote

Yellow Rice
Turkey Tacos
Green Beans

Gluten Free Sunbutter Biscuit

27 Granola

Lemon Miso Pesto Pasta
Carrot Disks
Broccoli

Strawberry Vanilla Pudding

28

NO SCHOOL

29

NO SCHOOL