



JANUARY

2025 BATTERY PARK MONTESSORI

VEGETARIAN MENU

LUNCH & HEALTHY TREAT



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Our menu incorporates organic and local ingredients. Our farm partners include Veritas Farms, Cabot Creamery Cooperative, Ronnybrook Farms, Iliamna Salmon as well as other local producers.

Menu Items are subject to change based on availability

1
NO SCHOOL

2
NO SCHOOL

3
NO SCHOOL

6
NO SCHOOL

7
Russ & Daughter Bagels
Beluga Lentil Salad
Cream Cheese
Sliced English
Cucumber

Banana

8
Indian Butter Chickpeas
& Paneer
Steamed Rice
Turmeric Cauliflower
Naan
Cucumber Raita

Plain Yogurt

9
Glazed Black Bean
Meatloaf Patties with
Brioche Roll, Ketchup
Creamy Smashed
Potatoes
Peas, Cucumbers

Fruit Salad

10
Oven Baked Corn
Fritters
Couscous Quinoa Pilaf
Ratatouille
Hawaiian Roll

Banana Bread

13
Kale Basil Pesto
with Gemelli
Romaine Lettuce Salad
with Creamy Italian
Dressing, French Brie
Fish Sticks & Ketchup

Apple

14
Quinoa Fritters
Orzo with Broccoli &
Garlic
Buttered Corn

Banana

15
BlackBean Tacos
Soft Flour Tortillas
Moises' Fresh Salsa
Shredded Cheese

Plain Yogurt

16
Buttered Egg Noodles
Swedish Mushroom
'Meat'balls
Peas
Cucumbers with Dill

Fruit Salad

17
Cheesy Pizza Bites
Crunchy Veggies
Tamari Pepitas
Fresh Herb Ranch Dip

M&M Cookie

20
NO SCHOOL

21
BlackBean Sliders with
Brioche Rolls & Sliced
Cheese
Pickles, Lettuce
Cucumber
Tator Tots

Banana

22
Quinoa Fritters
Boiled Potatoes with
Herbs and Sea Salt
Peas
Corn Bread and Butter

Peach Yogurt

23
Toasted Cheddar
Sandwiches
on Brioche Roll with
Butter
Greek Salad with
Creamy Feta Dressing

Fruit Salad

24
Spaghetti
Tomato Basil White
Beans
Broccoli
Hawaiian Rolls & Butter
Parmesan

Double Chocolate Chip
Cookie

27
Penne
Chickpea Bolognese
Carrots
Romaine Lettuce Salad
with Creamy Italian
Dressing

Apple

28
Teriyaki Tofu
Steamed Rice
Edamame Pods

Banana

29
Carrot Mac and
Cheese
Broccoli
Tomato Cucumber
Salad
Shallot Vinaigrette

Rice Pudding

30
Baked Corn Fritters
Hawaiian Rolls
Cucumber
Buffalo Ranch Dip

Fruit Salad

31
Egg Noodles
Mushroom &
WhiteBean Stew
Peas

Crepe with Jam